**The Medical Centre Port Glasgow**

**Newsletter Summer 2016**

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| **Drop in Blood clinic**  The practice now has an extra drop in blood clinic. 12.30 – 1.00pm Monday to Friday.  **Blood clinic times.**  8.00am – 8.30am  12.30pm – 1.00pm    C:\Users\86336sanderson\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\USYQDP9Z\large-bucket-and-spade-2-166.6-1934[1].gif  **Text message alert**  Never miss your appointment again.  We now send text alerts to remind you of your appointment times. Please check that reception has an up to date mobile telephone number for this service.  **New Registrations**  The practice is happy to take new registrations within the postcodes PA13, PA14 and PA15. When collecting the registration form from the practice please bring a form of ID. Failure to bring ID will result in the delay of your registration.  **West of Scotland Breast screening service**  If you are aged between 50-70 years and are registered with a GP, you should receive an automatic invitation to be screened. If you have not received your invitation, please call the screening centre direct on 01415725800  **Contact details**  Please remember to update the practice with any changes to your contact details. This is important as the practice may need to contact you urgently.  All changes can be made with reception staff.  **Going on holiday? C:\Users\86336sanderson\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\6CSNTZN3\easter-bee[1].png**  If you are travelling abroad, you may need travel vaccinations. Please contact our practice nurse 8 weeks prior to your departure.  **C:\Users\86336sanderson\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\165XP4N7\good_sun1[1].jpg** | | **Prescriptions requestsC:\Users\86336sanderson\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\NIJKS9AM\bee[1].gif**  Please allow 48 working hours before collecting your prescriptions. Remember to take weekends and bank holidays into account.  **Minor Ailments**  The **Minor Ailment Service (MAS)** is a service that your local pharmacy provides. This allows you to register with the pharmacy where you can seek advice for minor ailments before contacting your GP. e.g. most minor child illnesses, hay fever, head lice/worms and scabies, conjunctivitis for over 1 year olds and cold and flu symptoms  **Eye complaints and Oral complaints**  First port of call for any eye complaints would be to your local optician and for any Oral complaints please seek advice from your dentist.  **Free condom service**  Free condoms is a service available to anyone in the area. We hold a small supply in the surgery. If you would like this service you can ask at reception or when in with your GP.  **Contraceptive Clinic**  Dr Holms and Dr Dooley hold a contraceptive clinic every Thursday between 12.00pm 1.00pm. This is for minor procedures such as the Mirena coil insertion and implanon insertion and removal. Please contact reception for appointment.  **Antenatal booking**  If you have just found out that you are pregnant, please call **0141 2324005** to arrange your first initial  booking appointment.  C:\Users\86336sanderson\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\808SK2PX\stork[1].jpg  **Early Morning Surgery**  On a Thursday and Friday Morning we run a surgery starting at 7.30am. These appointments can be made 2 weeks prior. |
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